

Testimonial

David was born in July 1996, the youngest of three brothers and has Dyspraxia which is a [diagnosis of exclusion](#) which entails the partial loss of the ability to coordinate and perform certain purposeful movements and gestures, in the absence of other motor or sensory impairments.

This includes difficulty with sport, especially team games, dancing and balance. Most people with dyspraxia have short term memory problems and although Davis is of normal intelligence, finds doing well at school and learning things is something that remains hard to retain.

David has been practicing Wado-Ryu style Karate since he was five years of age and there is no doubt that this routine has helped him considerably. He joined Alex at Kaizen Martial Arts Academy in 2002 after the Sensei of his original club moved away. As parents, were immediately impressed with the way the classes were both structured and taught under Sensei Alex Hart. With her professional expert guidance, David has flourished.

He attends several classes each week and is soon to be put forward for his coveted black belt grading.

He has gained confidence, shows great self discipline and determination and is now able to remember, perform prolonged and intricate sequences with control and balance.

Davis is an inspiration to the caliber that he has achieved.